

2018

# Winter Season Handbook



North Harbour Football & Sports Club

Albany United Football Club

20/12/2016



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## Season dates

The winter football season generally runs from the 1<sup>st</sup> Saturday in April to the last Saturday in August. This can vary depending on school holidays, Easter break etc. For social grades there are generally no games during the middle weekend of the school holidays. We will endeavour to have a club calendar kept up-to-date on the website.

## Registering and Payment Options

All information regarding Registering and Paying is in the How to Register and Pay handbook on the website.

## Fees

The fees structure for 2018 will be (per person):

Midgets	5 <sup>th</sup> to 8 <sup>th</sup> grade	\$140.00	+ \$60 uniform = \$200 total
Junior	9 <sup>th</sup> to 12 <sup>th</sup> grade	\$180.00	+ \$60 uniform = \$240 total
Youth	13 <sup>th</sup> to U17's grade	\$210.00	+ \$60 uniform = \$270 total
U19's		\$250.00	+ \$60 uniform = \$310 total
Senior Mens & Over 35's		\$4500	Team fee
Ladies		\$4500	Team fee

**The club registration fees include the following costs to Albany United: NZ Football fee, Northern Football Federation fee, running costs of the club.**



## Midgets

We regard these as our 5<sup>th</sup> to 8<sup>th</sup> Grade kids.

We accept kids from 4 ½ years as long as they are turning 5 years of age during this season.

They are placed into teams according to age.

*Example of Grades:*

*Turning 5 years of age before the end of 2018, you will be considered a 5<sup>th</sup> grader,*

*Turning 6 years of age before the end of 2018, you will be considered a 6<sup>th</sup> grader.*

Movement between grades is possible for 5<sup>th</sup> to 8<sup>th</sup> grade only, subject to discussion and approval from the club. Kids that aren't in existing teams will be placed into teams the week following end of registrations.

The Midget Competition is administered and run by Albany United Football Club. Competition draws will be hosted on the club website. Depending on availability of fields and weather, playing times are:

Grade	Warm up/training exercise	Kick off Game 1	Kick off Game 2
5 <sup>th</sup> & 6 <sup>th</sup>	8am	8.10am	8.30am
7 <sup>th</sup> & 8 <sup>th</sup>	8am	8.10am	8.30am

All 5<sup>th</sup> and 6<sup>th</sup> grade games are played at our home ground, Rosedale Park, Jack Hinton Drive, Albany. 6<sup>th</sup> grade teams may take part in 2 or 3 exchanges with other clubs over the season, more information to come.

All 7<sup>th</sup> and 8<sup>th</sup> grade teams take part in a local club rotation initiative which sees Albany teams playing vs other local clubs to develop and grow their football to it's full potential by giving the teams more challenge and variety. The 'away' rotations will involve travelling to other clubs, which are located no further than 20-30 minutes drive (normal conditions) from Rosedale Park.

2012 saw the Whole of Football Plan being installed in all clubs in New Zealand. For more information go to [www.nff.org.nz/WoFP](http://www.nff.org.nz/WoFP)

### 5<sup>th</sup> & 6<sup>th</sup> Grade (First Kicks)

- 4 v 4 with no goalkeepers
- Play on a reduced field measuring approximately 30m by 20m with small moveable goals.
- Two 15 minute games per play day

### 7<sup>th</sup> and 8<sup>th</sup> Grade (Fun Football)

- 5 v 5 with no goalkeepers
- Play on a reduced field measuring approximately 30m by 20m with small moveable goals.
- Two 20 minute games per playing day

- **Young players must enjoy their participation in the game in order to develop their skills. Fewer numbers of players involved in any game leads to more touches of the ball and consequently earlier development of ball skills for players at an early stage.**
- **Coaches are asked to ensure that all players receive equal playing time.**

## Junior

We regard this as our 9<sup>th</sup> to 12<sup>th</sup> Grade kids.

All juniors who are not already in a fixed team and wish to be considered for development teams should join the respective development team's preseason trainings. Please contact the club office on [admin@albanyunited.org](mailto:admin@albanyunited.org) for more information on when/where the development teams are training. If you are looking at only social teams and wish to be placed with friends only please register via our registration page on the website.

*Example of Grades:*

*Turning 10 years of age before the end of 2018 you will be considered a 10<sup>th</sup> grader.*

The competition is run by the Northern Football Federation.

Games are played on various fields across the North Shore and West Auckland as announced by the Northern Football Federation. Please see their website, [www.northernfootballfederation.org.nz](http://www.northernfootballfederation.org.nz) for detailed maps and ground locations

### 9<sup>th</sup> Grade and 10<sup>th</sup> Grade (Mini Football)

- 7 v 7 (including a goalkeeper).
- Play two games per playing day
- Play on a field approximately 55 by 35 metres.

### 11<sup>th</sup> Grade and 12<sup>th</sup> Grade (Mini Football)

- 9 v 9 (including a goalkeeper)
- Play on a field approximately 70 by 50 metres
- The club will supply each 11<sup>th</sup> Grade and 12<sup>th</sup> Grade team with goal nets and net pegs at the beginning of the season; these must be returned to the club after the last game.

**Coaches are asked to ensure that all players receive equal playing time.**



## Youth

We regard this as our 13<sup>th</sup> Grade to Under 17s Grade kids.

All Youth who are not already in a fixed team and those who wish to be looked at for the top teams of their grade should join the respective development team's preseason trainings. Please contact the club office on [admin@albanyunited.org](mailto:admin@albanyunited.org) for more information on when/where the development teams are training. If you are looking at only social teams and wish to be placed with friends only please register via our registration page on the website.

### *Example of Grades:*

*Turning 17 years of age before the end of 2018 you will be considered as an U17.*

*Turning 18 years of age before the end of 2018 you will be considered as an U19.*

The competition is run by the Northern Football Federation.

Games are played on various fields across the North Shore and West Auckland as announced by the Northern Football Federation. Please see their website, [www.nff.org.nz](http://www.nff.org.nz) for detailed maps and ground locations

### 13<sup>th</sup> Grade to Under 17s

- Play on a full size field with full size goals.
- The team sizes are roughly 14 or 16. There are 11 players on the field at a time including a goalkeeper.



## Seniors

### U19's

You need to be 19 or under during 2018 to be eligible for U19s.

- Trialling and training dates for U19's will be on the website when finalised.

### Open Men

These grades run from 1<sup>st</sup> division to 7<sup>th</sup> division

### Ladies

These grades run from 1<sup>st</sup> division to 3<sup>rd</sup> division

### Over 35's

You need to be 35 or over to be eligible for Over 35's

### Over 40's

You need to be 40 or over to be eligible for Over 40's.

**Note: The open Men, Ladies, Over 35's and Over 40's are often established teams that have played at the club for several years. If you are interested in joining a senior team or registering a full senior team please contact the office on [admin@albanyunited.org](mailto:admin@albanyunited.org)**



## **Muster Day/Team Selections**

No muster day in 2018, due to a change in process, whereby development team trainings in preseason start in January and coaches/selectors can assess and review players' strengths and technical abilities during a longer period over the trainings before making team selections. For social teams, the teams will be put together and announced based on information collected during the registration process.

## **Existing teams**

### Midgets

- If you are returning from last year please send your full team list with coaches and managers details to the office ASAP after registration starts and no later than 5th March 2018 (the official team form will be on the website for you to use once registrations are open)
- This assists us in getting the draw sorted quickly.
- If you are short of players please let the office know. We often have single registrations that may be from the same school or area as your team and we can get their details to you quickly.

### Junior/Youth

- If you are a returning team from last year please send your full team list with coaches and managers details to the office by 5<sup>th</sup> March 2018 (the official team form will be on the website for you to use once registrations are open)
- The Northern Football Federation have a deadline for clubs' to enrol its' teams by, to enable them to book fields and set up the competition draws.

### Seniors

- Please forward the office your full team list along with coaches and managers' details to the office by 16<sup>th</sup> February 2018 (the official team form will be on the website for you to use once registrations are open)
- The Northern Football Federation have a deadline for clubs to enrol their teams by, to enable them to book fields and set up the competition draws.
- Team fees are available provided they are paid in full and in one lump sum, please contact the Senior Convenor for more information.





## Strips

### Midget

- All Midgets are required to wear the new Nike Midget Strip, which will be provided as part of our registration process
- All midgets need to have football boots, shin pads and a drink bottle.
- Sponsored strips can be worn provided they meet the club criteria (contracts). Please contact the office for more information.
- Midget coaches will be provided with a gear bag which will be handed out at the Coaches meeting, which all coaches are required to attend. This will be held late March/early April; watch the website for more information.

### Junior/Youth

- All Juniors and Youth are given shirts from the club.
- These are handed out at the coaches meetings, which all coaches are required to attend. This will be held late March/early April; watch the website for more information.
- All Juniors and Youth need to have football boots and shin pads. We recommend also having a drink bottle.
- Sponsored strips can be worn provided they meet the club criteria (contracts). Please contact the office for more information.

### Senior

- All Senior teams are given shirts from the club.
- These will be handed out at the coaches meetings, which all coaches and/or managers are required to attend. This is usually around the end of March; watch the website for more information.
- All seniors also need to have red shorts, red socks, football boots and shin pads.
- Sponsored strips can be worn provided they meet the club criteria (contracts). Please contact the Senior Convenor for more information.



## Coaching

Coaches are required to take one training a week and to be present at games. A coaches meeting will be held before the season starts. All teams must have a coach and manager and someone who will referee half the game (this is often the coach in the midget's league but usually someone else junior and up). For coaching information please contact the office.

**Remember that often the coach of your child's team is a parent and/or volunteer to the club, so please support them as much as you can.**

## Managers

Each team is required to have a manager. This person will be in charge of running the team, allowing the coach to freely teach, inspire and mature the players' football without the need to worry about paperwork. This person will be sole communicator to and from the club and keep the team updated with information on cancellations, photos, prizegivings etc. and to ensure that the team list is up to date and has been sent to the office before the required time.

## Match Officials

Teams from Midgets to Senior Men's (including Ladies, Over 35's and Over 40's) must supply a referee for at least half of the game. Division 2 (including Metro teams) and up are often supplied with a referee from the Northern Football Federation referees pool. **Regardless of the ability, experience or errors you deem the referee has made, it is never ok to abuse the officials.**

## Coaches Meetings

We will have regular monthly coaches meetings throughout the year. The first will be prior to the start of the season to hand out gear and make sure all coaches have all the information they need for the season. These meetings are compulsory for all coaches to attend. Whilst we can't cater for everyone's schedule, we will try to have these at suitable times to ensure maximum turn out. The website will be updated with information and emailed to the coaches and managers.

## Rules of the game

The standard rules of the game along with updates for the 2018 season will be available on the website under Winter Season/Rules. Midget coaches will also be handed these rules prior to the start of the season.

Rules differ from grade to grade than to those of standard football rules and we encourage all parents/players/coaches/managers to familiarize themselves with these before the season starts.

## Results

### Midgets

- Due to the new Whole of Football Plan, no scores need to be handed in at the end of the game as midgets are non competitive.

### Junior/Youth

- Results must be emailed through to the Albany United Football Club results officer on [admin@albanyunited.org](mailto:admin@albanyunited.org)
- This contact information will be provided to each coach/manager prior to the start of the season.
- The results are passed onto the Northern Football Federation, who runs the competition. It's vital that the game result is sent through directly after your game.
- NOTE: Results are not lodged on the NFF website for 9<sup>th</sup> and 10<sup>th</sup> grades due to WoFP, however are still needed to be sent to the club via email for grading purposes.

### Seniors

- Results must be phoned or texted through to the Northern Football Federation results line for every home game.
- Team cards must also be completed for every game and put into the blue box near the bar after the game or into the silver mail box at the front of the building. 1<sup>st</sup> div teams only must get there team cards to Northern Football Federation no more than 3 days after game day. You can post these in yourselves or leave them at the club after your game in the blue box near the bar or the silver mail box.
- Un-notified results and late cards result in fines for the team and possible lost match points for the team concerned. All fines will be invoiced to the team by the club on behalf of the Northern Football Federation, and an administration fee charged.
- Team Cards are available from behind the bar.
- The results are posted onto the Northern Football Federation website. It's vital that the game result is sent through directly after your game (before 5pm of the game day).

## Substitutions

### Midgets

- Rolling subs are used in midget football and any number of changes can be made.
- Changes should be made during a stoppage in play.
- Coaches should ensure that every child enjoys the maximum available playing time in each game.

### Junior/Youth

- Rolling subs are used, however to a maximum of 3 players only.
- Changes should be made during a stoppage in play.
- Coaches should ensure that every child enjoys the maximum available playing time in each game.

### Under 19's

- Rolling subs are used, however to a maximum of 3 players only.
- Changes should be made during a stoppage in play

### Senior Men's Division 2 and below

- Rolling subs are used, however to a maximum of 3 players only.
- Changes should be made during a stoppage in play.

### Senior Ladies Division 2 and below

- Rolling subs are used, however to a maximum of 3 players only.
- Changes should be made during a stoppage in play.

### Over 35's and Over 40's

- Rolling subs are used, however to a maximum of 3 players only.
- Changes should be made during a stoppage in play.

## Trainings

Training is run differently for each team, to suit the coach's availability. "Cluster trainings" are run for midget players between May and August 2018.

### Midget/Junior/Youth

- Have use of the fields at Rosedale Park, Rosedale South and Albany Domain on Monday to Thursday nights until 6pm.
- The number one field at Rosedale Park is not available for training and teams should avoid using worn areas of the fields, such as goal areas and centre circles.
- Any training sessions which involve repetitive running over the same area, must be done off any playing field.
- To accommodate as many teams as possible, training should be held on an area approx the size of a ¼ field.
- Training ideas and topics will be made available to coaches and parents at the regular coaches meetings. With the new Whole of Football Plan there will be information handed out to coaches with different training sessions on cards for coaches of Midgets to use.

### Seniors

- Have use of the fields at Rosedale Park, Rosedale South and Albany Domain on Monday to Thursday nights from 6pm onwards.
- At Rosedale Park, seniors are to use the designated training field.
- A booking system will be in place during 2018 for senior teams wishing to train. Please contact the Senior Convener to book your training time



## Albany United Football Academy/Holiday Programmes

We are happy to be able to offer term courses and holidays programmes throughout 2018. We are still in the process of sorting these out and finalizing them. When we know all information on dates and times it will be on the website [www.albanyunited.org](http://www.albanyunited.org) and emailed out to club members.



### Little Kickers

We are pleased to announce that Little Kickers have become part of the Albany United Football Family. To find out more about what this fantastic programme is all about please go to [www.littlekickers.co.nz](http://www.littlekickers.co.nz). We are very excited to have Little Kickers on board and feel that we are able to now provide for all age groups.

### Tournaments and Festivals

We will be running tournaments and festivals throughout the year across all Midget and some junior grades. Dates TBC. The Harbour West Midget Festival (grades 5-8) will be held at Rosedale Park on Sunday 27 May.

Information when finalized will be sent out to all coaches via the coaching development officer and also on our website.

### Cancellations

Use of the grounds is controlled by the council and dependant on weather conditions, the use of the grounds can be limited at various times. For week day cancellations you can go to the council website or phone 3792024, press 5 then 2. In the event of weekend cancellations a message will be left on the website and a message will be left on the club answer phone AFTER 6.30am on Saturday morning confirming the cancellation. Where possible the coaches/managers will be informed via text and/or email.

**Please note for 9<sup>th</sup> grade and above that fixtures are date controlled - in the event of cancellations games will be added to the end of the round.**

## Changes

Due to council field restrictions or weather conditions changes can occur. For 9<sup>th</sup> grade and above these are emailed to the administrator late Friday night from the Northern Football Federation. We will add this information to the club website under 2018 Season Information/NFF changes and email and/or text the coaches/managers affected.

*Note: for midgets we will try to let you know as soon as we know if your opposition can't field a team*

## Sponsors

With the size of the club we engage with the local community and can receive media attention – this offers sponsors great opportunities to support our club and receive benefits to their business. There are a number of opportunities available for sponsors, ranging from supporting the youngest midget teams right through to our senior teams. Our sponsor's league provides sponsors with a fun opportunity to be part of the club. Inquiries from any potential sponsors are always welcome – please contact the club for further information.

## Team Photos

We have team photos every year. This year they will be run by North Star Photography. Prices are usually \$18 if purchased on the night or \$20 if purchased afterwards directly from the photographer. We will be holding the photo session in July starting from 4pm. Information will be sent out to all managers closer to the date. There will be a booking system and coaches/managers will be contacted when this is ready to be used.

## School Holiday Programmes/Junior Kicks

We ran a couple of these a few years ago for the younger age groups that our Albany United Football Club Academy doesn't offer too, generally the 5 and 6 year olds. These are called Junior Kicks and they were very popular. We will have more information when it comes to hand on the website.

## Safety

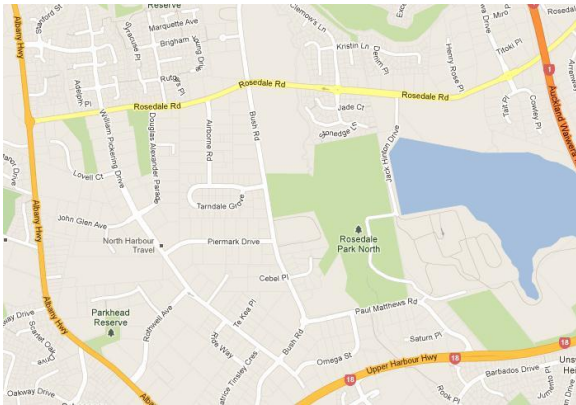
All players must wear shin pads at all times when playing and ensure that they are covered entirely by their socks. Players should not wear any jewellery – this includes earrings, rings, bracelets and watches.

## Summer Soccer

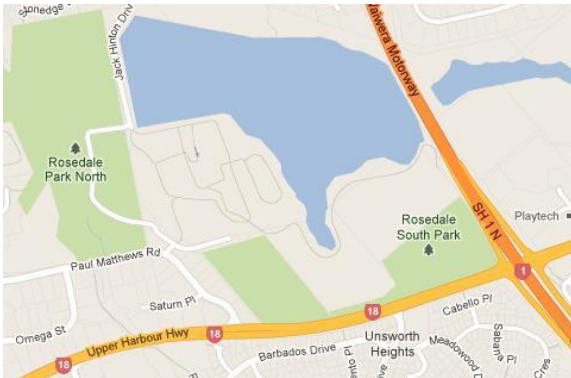
We have successfully held a Summer Soccer programme for 9 seasons, with 2015-2016 being our biggest year ever. We accept team registrations only for Summer Soccer but we do have a database of singles in case teams are short. Registrations usually start at the end of the winter season. Registration forms will be available on the club website. Please be aware that we have limited spaces in each grade so it is on a **first in first served basis**. More information regarding Summer Soccer is also on the website.

## Field Information

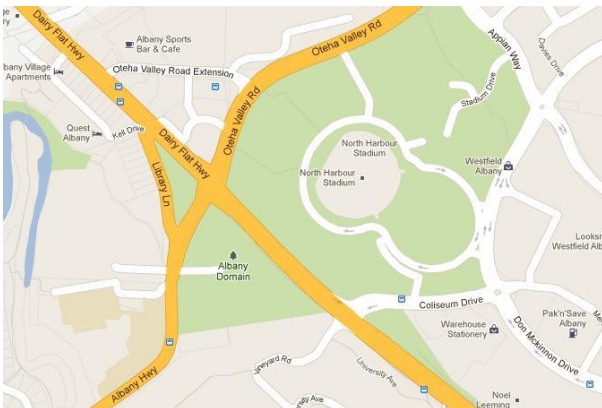
### Rosedale North Park – Main fields and clubrooms



### Rosedale South – attached to North Harbour Hockey



### Albany Domain – Next to Albany Community Preschool



## Contact information

Office Andrea Harold  
Office Administrator/Secretary  
Upstairs, Club Rooms  
Rosedale Park  
Jack Hinton Drive  
Albany  
PO Box 302 764, North Harbour  
Ph: 4158771  
Fax: 4158772  
Email: [admin@albanyunited.org](mailto:admin@albanyunited.org)  
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